



Ruby  
Ellens

*Ruby Ellen's Kids Corner available*

Please ask your friendly server

*Homemade Desserts* 3,6,7,8

Fresh cream desserts.

Pancakes and tray bakes prepared daily.

Please ask your friendly server.

*Ruby Ellen's Afternoon Tea* 1,2,3,4,8,9

€23.00 per person (min 2 people)

Chef's Choice of freshly made Sandwiches, Scones and Miniature Cakes served with a choice of loose leaf tea or coffee.

Booking for Afternoon Tea is advisable, but we try to cater for everyone.

**All our produce are locally sourced.**

**Sorry for any inconvenience, but strictly no separate bills, by table only.**

*Takeaway available*

Newry Street, Carlingford, Co. Louth

T: 00353 (0)42 937 3385

T: 00353 (0)86 677 2843



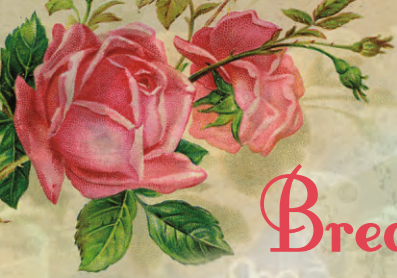
Ruby  
Ellens

*Tea Rooms*



# Breakfast Menu





Served 9 till 12

# Breakfast

Home baked Granola – served with fresh fruit and yoghurt 1, 7, 8 **€8.00**

Creamy Porridge served with mixed berries and honey 1, 7, 8 **€8.00**

Ferryhill Free Range Eggs Boiled or Poached served with toast 1, 3, 8 **€8.00**

Ruby Ellen’s Traditional Irish Breakfast served with toast 1, 3, 6, 7, 8, 10 **€15.00**

Manx Kippers served on a bed of spinach, poached eggs, tomato and homemade wheaten bread 1, 3, 4, 7 **€15.00**

Bacon, Scrambled Egg and Baked Beans served with toast 1, 3, 8 **€12.00**

Granny’s Bap Bacon, Sausage, Egg and Pudding 3, 7, 8, 10 **€12.00**

Choice of bread available, white bloomer, granary bloomer, wheaten bread and sourdough, you choose!

All our food cooked fresh to order - Enjoy!

Smoked Salmon and Scrambled Eggs served on a toasted bagel with tossed salad 1, 3, 4, 8, 10 **€14.00**

Poached Eggs, Spinach, Mushrooms, Tomatoes, Potato Cake and Beans served with toast 1, 3, 8 **€14.00**

Smashed Avacado on Sourdough Toast served with poached eggs and grilled tomato 1, 3 **€12.00**

Homemade Scone – served with fresh cream, jam and butter 1, 7 **€4.00**  
- choice of fruit, cherry or plain

Pancake’s Stack (3) with a choice of  
- mixed berries and yogurt 1, 3, 7  
- lemon, sugar and syrup 1, 3, 7  
- grilled bacon and maple syrup 1, 3, 7  
- chocolate and strawberries 1, 3, 7, 8 **€10.00**

Breakfast Juice  
Apple, orange and cranberry juice **€3.00**

1 - Cereal 2 - Crustaceans 3 - Eggs 4 - Fish 5 - Peanuts  
6 - Soy Beans 7 - Milk Products 8 - Nuts 9 - Celery  
10 - Mustard 11 - Sesame Seeds 12 - Sulphur Dioxide  
13 - Lupin 14 - Molluscs



## Coffee

### **Americano** €3.00

Prepared by adding hot water to espresso, has its origins from WW2 when American GI's in Europe added hot water to espresso to dilute the strong taste.

### **Mug of Americano** €3.50

### **Latte** €3.50

From the Italian meaning 'coffee milk' Caffe Latte is a coffee drink made from espresso and steamed milk.

### **Cappuccino** €3.50

An Italian coffee drink prepared with espresso, hot milk and steamed milk. The name comes from the Capuchin Monks referring to the colour of their habits.

### **Mug of Cappuccino** €4.50

### **Flat White** €3.50

### **Espresso** €3.00

A small but potent coffee served black with a deep crema characterised by a flavour and aroma so intense they bite!!

### **Double Espresso** €4.00

Double the above!

### **Mocha** €4.50

Mocha is a variant of caffe latte but with added chocolate. Caffe Mocha takes its name from the Red Sea town of Mocha in Yemen.

### **Macchiato** €3.50

Espresso shot marked with a dollop of milk froth.

### **Iced Coffee** €4.00

Iced Latte €4.00

Iced Mocha €4.00

Iced Americano €4.00

Choice of alternative €0.50

Extra shot €1.00

Syrup: caramel, hazelnut and vanilla €0.75

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# Tea & Coffee Menu

## Black Teas

### Irish Breakfast

€3.00

Mixture of black teas from India and Ceylon. Very aromatic, strong and full bodied perfect with pastries.

### Earl Grey

€3.50

High quality black Darjeeling with the aroma of bergamot from Calabria. Full and fruity taste.

### Superior Earl Grey

€3.50

Chinese and Indian black tea with golden gems of yunnan enriched with essential oil of bergamot and chocolate aromas a creation dedicated for lovers of earl grey blend.

## Green Teas

### Special Gunpowder

€3.50

The most widely drank green tea in the world, rolled leaves with a fresh and pungent flavour.

### Sogno di una geisha

Refined, elegant blend of Japanese green tea, cornflower, rose and sunflower petals with the aroma of lemon and mango.

## Herbal Teas

### Peppermint

€3.50

Peppermint leaves renowned for its digestive properties, crisp and refreshing.

### Rooibos Cape Town

South African Rooibos with nuances of the sweet taste of crème caramel, caffeine free.

### Wild Fruits

Perfect fruity blend of hibiscus, rosehip, apple, spices, cranberry, elderberry, red currant, marigold and cornflower petals.

## Blends of Classic, Whole Leaf

## Fruit & Herbal Teas

## Enclosed in a Silken Tea Bag.

### Special Jasmine

€4.00

Fresh Jasmine flowers blended with green tea, fragrant, sweet aroma.

### Fennel and Liquorice

The digestive properties of fennel seeds with liquorice root create the sweet taste and intense perfume of this unique blend.

### Rosa d' Inverno

A refined blend of green tea with black rose tea, rose petals and sunflower petals.

### Pai Mu Tan – White Tea

White downy Spring buds with sweet notes of honey, pure delight.

### Camomile

Whole matricaria Camomile flower heads known since ancient times for its soothing properties.

### Decaffeinated Black Tea

Traditional Black tea, the same great taste just caffeine free.

### Hot Chocolate

€4.00

### Soft Drinks

€3.50

Coke, Diet Coke, Coke Zero, 7-up, 7-up Free, Club Orange, Club Lemon, Pink Lemonade.

### Bottled Water

€2.50

Still or Sparkling

### Glass of Cold Milk

€2.00

